

Jesus Calms our Fears

**Read: Matthew 14:22-33;
Mark 6:45-52; John 6:16-21**



While the disciples are out in their boat, they see someone walking on the water toward them. They think it's a ghost, but it's Jesus! Peter gets out on the water with Jesus but starts to feel scared and sinks. Jesus saves him, because Jesus calms our fears. He walks with us in all times and all places. He knows how we feel and wants us to tell Him, so that He can give us peace.

Talk About Video:

- <https://vimeo.com/showcase/4046439/video/177463368>

Fun Worship Videos!

<https://vimeo.com/showcase/4046439/video/174685453>

<https://vimeo.com/showcase/4046439/video/174685448>

*“They were terrified, but he called out to them, ‘Don’t be afraid. I am here!’ ”
(John 6:19-20).*

Through the Week

- Cut pieces of duct tape to look like waves. Blue duct tape looks great, if you have it!
- Have family members each tape the pieces to the bottoms of shoes they'll wear a lot this week.
- Walk on water! Wear your shoes and walk on the waves!
- Whenever you see the waves, pray and remember that Jesus will calm your fears.



Family Discussion

- What fears would you like Jesus to calm this week?
- Talk with Jesus and tell Him what fears or anxieties you have, pray and give it to Him.